



## **XIU workshops**

Life largely consists of making choices. And in any case, the students are faced with big moments of choice. Which, what direction do I choose at school, what do I want to be when I grow up, what do I do in the morning, who do I hang out with and who am I actually?

The influence of the environment is important, the opinion of parents not (more) or at least less and the teachers understand in most cases not much of it. So let them enjoy choose yourself!?

Well, experience is the best teacher. Search boundaries, exploring and exceeding is very healthy. With traps and get up you grow up. But unfortunately that doesn't work in traffic on. Traffic is a hard teacher. Victim data in the age group of 12 to 15 year old do not lie. In this age category, traffic is the number 1 cause of death. Among influence of others, hubris, inexperience, alcohol, drugs, hormones, etc., risks are taken in traffic, that often cause (serious) accidents.

But traffic behavior does not stand alone; behavior that young people (and adults!) in traffic is a reflection of whether derivative of everyday social behavior.

During the workshop, students learn

- take responsibility
- know their own limits
- respect the boundaries of others
- achieve a safe lifestyle by correctly estimating risk factors

The schools choose the activities. XIU develops a pass-through system where the people of XIU and the teachers support each other.

## **Activity 1**

Is your bicycle legal?

Performance: each group gets a poster and brings of the legally required parts on the bike.

Duration: 15 min.



## **Activity 2**



VISIBLE IN THE DARK?

Which retro-reflective gadgets the students know?

What applications of retroreflection the students know in traffic?

Suppose you own a visible gadget or could design clothes, what would you then find it cool?

VISIBLE DURING THE DAY?

The students find some attributes that are retroreflective, be fluorescent, reflective.

What is useful during the day?  
In the dark?

Duration: 15 min

### **Activity 3**

Using the phone by bike.

The students are shown a video.

After the video they complete a checklist.

Am I doing well on the bike?

Duration: 15 min



### **Activity 4**



How are you in the traffic: as a pedestrian, as a cyclist?

- List up 3 dangers that cause you are more vulnerable in traffic (for information, the students can indicated links on the digital click school platform).
- Choose from these 3 chosen dangers the danger according to you.
- Explain your choice in a few sentences.

Duration: 15 min

### **Activity 5**

Quizzes round traffic behavior with Kahoot!

The students get traffic situations. They use a tablet or a cellphone to answer. Their answers become registered and immediately in pictured. Then it is time for discussion!

Duration: 15 min



### **Activity 6**



Knowledge traffic plates, played with Kahoot!

During this activity, we test the knowledge of the traffic signs. The students choice an answer. The chosen answers will be registered and imaged. This is followed by a discussion moment with the correct answer!

Duration: 15 min

### **Activity 7**

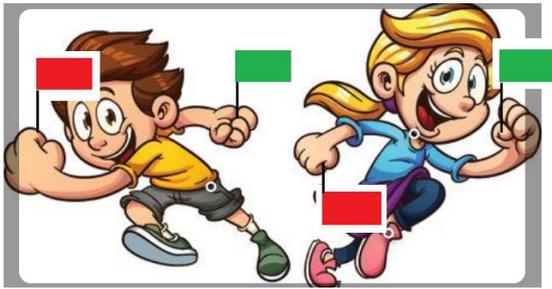
Age up to 15 years

Drunk behind the wheel, driving without a driver's license, peer challenge by racing, ... situations which is thought provoking. Through a role play the students try to live and choose the right one attitudes. Each group plays one situation.

Duration: 30 min



## Activity 8



Run for green or red

There will be propositions shown

- run to the right position: the students run to the green group, if wrong position to the red group
- they must be within time together in the right group.

Duration: 15 min

## Activity 9

Safety on the road with a bike, a scooter, a skateboard

Map out a course on the playground. The students test their agility on the bicycle, the skateboard, the scooter.

Duration: 15 min



## Activity 10



Mobility and climate go hand in hand.

Quartet game XIU, 40 cards (10 quartets)

Topics:

pedestrians, cyclists, public transport, private motorized transport, visibility, sustainable mobility, locomotion equipment, driver's license, road signs, speed pedelec, electric bicycle.

Duration: 15 min

## **Activity 11**

Escape game: escape from death

XIU tells a story to the students. They go to a party. They must go through a dark street. They wear dark clothes. They have no lighting.

What happens when a car crosses their path?

In 40 minutes they get 3 assignments that they decipher with a code. With the correct codes, they find the keys to open the visibility kit. Those who can open the kit demonstrate with the enclosed material how best they can be seen in the dark. It will be a matter of life or death! Who can arrive safe at the party?

Duration: 50 min



## **Activity 12**



The comic learns to know what XIU means, how they work, why they go to the schools. Read and learn.

After the reading time, a student briefly summarizes the strip. This will be completed with some questions: who are XIU? What's their attention? What are they doing? Who do they get support from?

Duration: 30 min